

Farnham Herald

BUSINESS

Anne's amazing feat



Anne Scardarella specialises in reading feet

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A FARNHAM woman is offering people an alternative to the common Tupperware and make-up parties by running foot-reading parties.

Anne Scardarella says foot reading reveals emotions and personality, both past and present.

"Feet are wonderful creations. They carry us forward through life so we can stand on our own two feet. As we step forward our emotions and personality are imprinted and reflected onto them," she explained.

"Foot reading reads all those lumps, bumps, hard skin and corns that reveal the secrets of our emotions, personality and how we live, and have lived, our lives.

"For example, if you have high arches then you are independent, have strong inner resources and find it difficult to accept help from others. If you are with too many people for too long then you will need time on your own to re-energise and

recharge your batteries. You are happy with your own company."

Anne undertakes individual readings, readings with reflexology, and foot-reading parties. And she visits clients in their homes for individual treatments and for parties, as well as working from home and a local Pilates studio.

"Foot reading is great fun. However, it also serves to identify areas of our lives that we may be unhappy with so that by working on these areas we can move forward and take our next steps," she added.

Anne studied foot reading under Jane Sheehan, the UK's leading foot reader. She is also a fully-qualified reflexologist and body massage therapist and practices Indian head massage, natural lift facial massage and reiki.

But Anne warned: "Foot reading does not read the future. It will not tell you next week's winning lottery numbers, nor will it predict a bevy of tall, handsome strangers!"

■ For more details or to book a reading, visit www.feetreading.co.uk.